

## HUFF N' PUFF 2024 PROGRAMME SCHEDULE

*As per our agreement with the City of London, the schedules below may be changed due to holidays and pre-empted by other activities. Every effort will be made to give convenors and members as much notice as possible. Please check the website and venue notice boards for updates.*

Basic Membership Only								
ACTIVITY	Frequency	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Location	Fee
Bowling - 5 Pin	Sep - Apr					12:45	Fleetway	\$13.00
Bus Trips		Check website, Notice Boards or Newsletter						
Curling	Nov - Mar	9:30					Ingersoll	\$13/game
Curling	Nov - Mar			9:00		1:30	Ilderton	\$13/game
Cycling - 5 Groups	Apr - Oct	Call or email convenor for times and locations - information can be found on the website						
Golf (12 holes)	Apr - Sep					7:00-10:00	Crumlin Creek	\$22.00
Hockey (non contact)	Oct - Mar		9:00-12:00		9:00-12:00		Lon. Sports Pk	\$520.00
Snooker	Oct - Apr	9:00-11:30	9:00-11:30	9:00-11:30	9:00-11:30	9:00-11:30	Victory Legion	\$2.00

*The fees shown for **basic** membership activities (above) are, for the most part, for charges outside of our control and are subject to change.*

Full Membership (also includes Basic Membership activities)								
ACTIVITY	Frequency	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Location	
Aerobics	Sep - Jun		8:30-9:45		8:30-9:45		CHOCC	
			10:00-11:00		10:00-11:00			
Aquafit / Lane Swim	Yr Round	9:45-10:45		9:45-10:45			ELCC	
Badminton	Yr Round	10:00-12:00	9:30-11:30		9:30-11:30		NLOCC	
Ball Hockey	Oct - Apr		3:15-4:15			1:00-2:00	NLOCC	
Basketball	Yr Round		10:00-11:30		10:00-11:30		Stronach	
Bocce	Yr Round	1:00-3:00					Marconi Club	
Carpet Bowling	Sep - Jun		9:30-11:30				CHOCC	
Darts	Yr Round		1:00-3:00		1:00-3:00		Victory Legion	
Horseshoes	May - Aug	9:30-12:00					McMahen Pk	
Intermediate Tap Dance	Sep - Jun	11:30-12:30					Jo Read Studio	
Jazzy Tappers	Yr Round	10:00-12:00					Jo Read Studio	
	Yr Round			10:00-12:00			NLOCC	
Line Dancing	Sep - Jun		1:00-2:00				CHOCC	
Pickleball	Yr Round	8:00-10:00		3:30-5:30		8:00-10:00	NLOCC	
Pickleball	Sep - Jun	2:30-4:30		8:30-10:30		8:30-10:30	Stronach	
		7:30-9:30		7:30-9:30			SLCC	
		8:00-10:00		3:30-5:30		8:00-10:00	CHOCC	
Roller Skating	Yr Round			10:00-11:30			NLOCC	
Singing	Sep - Jun		10:00-11:30				NLOCC	
Slo-Pitch	May - Sep		9:00-11:00		9:00-11:00		Stronach	
Slo-pitch; Bruce Greenaway Sr Rec	May - Sep		9:00-11:00		9:00-11:00		NL Athletic Fields	
Table Tennis	Sep - Jun	1:00-3:00		1:00-3:00		1:00-3:00	CHOCC	
Tennis	Yr Round	7:30-9:30	7:30-9:30		7:30-9:30		NLOCC	
		1:30-3:30		1:30-3:30	1:30-3:30			
Volleyball (Recreational)	Oct - Apr		12:30-2:30		12:30-2:30		NLOCC	
Volleyball (Sys positional)	Oct - Apr			12:30-2:30			NLOCC	
Volleyball (Sys non-pos)	Oct - Apr		12:30-2:30		12:30-2:30		Stronach	
Walk Fit	Sep - Jun	9:30-10:30		9:30-10:30		9:30-10:30	ELCC	
Yoga	Sep - Jun	8:00-9:30		8:00- 9:30			CHOCC	

*Please see the website for more details regarding all of the above activities*

**Huff N' Puff website: [www.huffnpuffsfa.com](http://www.huffnpuffsfa.com)**